

Individual Crisis Intervention and Peer Support

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. This program is designed for teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

Program Highlights

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Risks of iatrogenic “harm”

Completion of “Individual Crisis Intervention and Peer Support” and receipt of a certificate indicating full attendance (13 Contact Hours) qualifies as a class in ICISF's [Certificate of Specialized Training Program](#).

*Training is brought to you Calvary of Albuquerque Crisis Caregivers,
NM-IFOC and the ARCCC CIRT*

**Critical Incident Stress Management Training
“Individual Crisis Intervention and Peer Support”
Lt. Colonel Les Palmer B.C.C.C.**

Thursday September 22nd & Friday September 23rd 6:00PM - 9:30PM
& Saturday September 24th 8:00AM - 4:30 PM

Calvary of Albuquerque, 4001 Osuna Road NE Albuquerque, NM 87109
Please bring your drivers license for identification.

Registration Fees

ARCCC - Crisis Caregivers:

\$40.00 when registration is paid in full by 8/28/2011

\$50.00 when registration is paid in full after 8/28/2011

All others:

\$60.00 when registration is paid in full by 8/28/2011

\$75.00 when registration is paid in full after 8/28/2011

Registration ends August 28th, 2011

(To be guaranteed a space, register by Sunday, August 28, 2011)
Class size will limited to the first 60 people registered

Print you name as you want it to appear on your certificate

Are you a member of Albuquerque Crisis Caregivers: Yes No

Mailing address (Street, city, state and zip code)

Phone number

Alternate number

Email address

Registration is NON-REFUNDABLE

Enclose this form and check payable to: Calvary of Albuquerque
Memo code: ICISF/CISM class: Individual & Peer Intervention Check number: _____
Mail check to:

**Calvary of Albuquerque, 4001 Osuna Road NE, Albuquerque, NM 87109
Attn: Les Palmer**

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